



your handwriting and your ego

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With apologies to Omar. How you write has a fantastic impact on you. Seeing the formations and the content of what you're writing affects you visually; moving the writing instrument over the paper affects you motorically by the gestures you use in writing; and thinking about what you're writing affects you mentally. The inroads to the subconscious mind by handwriting are many.

For example, your signature develops your feeling of importance and the impression you'd like others to have of you. Should you write a

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very small signature, you're not displaying your importance to the world as you do when you present an extremely large one. The visual feedback of

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a huge signature gives you a feeling of greater significance and makes a stronger impression on others than a small signature.

Your signature hails what you'd like others to think you are. Is your signature larger than the way you normally write? You're probably overcompensating for inferiority feelings and hiding this from others. Is it smaller? Then you want to appear modest or humble.

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A flourished signature indicates your need to show off what you are,



who you are, and what you have; whereas an obscure, highly illegible signature



shows you're hiding what, who, and why you are because you want to be mystique.



The initials in your signature also have clues. If the initial of your given name is much larger than that of your surname, yours is a strong ego. If, on the other hand, the surname capital is larger, you have strong family attachment.

Your signature, then, is your personal calling card to the world. The kind of capitals you use also serve the same purpose. Tall and upreaching capitals tell you're ambitious, intelligent, but may also mean you're conceited or proud. Small and scrunched capitals show how you understate your role in activities. Simple, printed caps are the hallmark of the cultured individual, and ornate capitals indicate your showmanship.

Your true self-worth, however, is hidden in your personal pronoun "I." This is a highly important word to graphologists in that it's the only personal pronoun in the world which is written with one letter and which, furthermore, is capitalized. No other written language bears that distinction.

Symbolically, the way you write your personal pronoun "I" represents your inner self-estimate. A comparison of its relative size to the other capitals in your writing shows you the size of your ego. If it's wider, higher, and more flourished, you can be sure you are vainglorious; if it's smaller, narrower, and simple, you're modest, unassuming, but possibly insecure.



If you use a single stroke like the figure "one," you're intelligent because you're able to pare down a writing formation to its core and still maintain its legibility.

However, you feel your ideas, opinions, and thoughts are "No. 1" and that everyone else's are second rate at best.



An ornate and embellished "I" indicates strong vanity, almost to the point of vulgarity; but wait—what you may estimate to be your vanity may be considered by your friends as a wild imagination.



If you use a lower case "i," you're self-negating and consider yourself totally unimportant in the scheme of things.



An "I" which is completely unique means you feel you're extremely individualistic; and if it's narrow in construction, you're very inhibited.



The give-away to your self-estimate lies in the lower case letters which have no upper or lower loops such as a, c, m, n, r, etc. The size of these letters clues you to the way you operate. Draw a line to form a roof over your small letters and one beneath them. The distance between the two lines should be about "1/8" to indicate a realistic self-confidence. If it is higher than "1/8," you go forth with no qualms about your capabilities; and if its smaller, you're unassuming about your abilities. If the size bounces up and down and is not consistent within a smidgen or two, you're insecure inasmuch as you vacillate too much in your ego estimation.



If you apply a lot of pressure as you write, you'll find that you emboss the reverse side of the paper which means you've got a good push to your self-image. If you skim over the surface of the paper very lightly, you're the kind of individual who has to muster all of your available energies to accomplish anything.

Do you like to underline important words or phrases? Especially your name? When you underline, you're actually insisting that the reader take particular note of what you're underlining because it's highly important in your estimation. You want the reader to get the force of your opinions and to consider them in the same light.

Underlining your name is an ego-emphasis which indicates self-reliance in your undertaking. When your ego needs a boost, try underlining your name each time you need to affix your signature.

Change the way you write, and you can in time change your way. After some practice in underlining your name, you'll find your self-assurance has been enhanced.

If you need to balance your checkbook, write smaller than you normally do, and you'll find your concentrative powers will be sharpened for it takes far more concentration to write a small hand than a large one.

When you need to present a report and feel apprehensive about it, write it out in a bold, large hand; and you'll find your self-confidence in it has been bolstered.

As long as you know why you're changing or adding to your writing and as long as you practice the change or addition sufficiently for it to become second nature, your subconscious mind will have been nudged both visually and gesturally to alter your attitude. Then in truth the moving finger which writes and moves on will also move you.